



Friday Evening, January 11th

- 6:30 - 8:30 PM Check in at Hampton Inn Chapel Hill/Carrboro
- 8:45 PM Welcome by UNC Head Coach Breschi at the Hampton Inn
- 10:30 PM Campers in their Assigned Rooms
- 11:00 PM Lights Out

Saturday Morning, January 12th

- 6:30 AM Wake Up
- 6:30 - 7:30 AM Breakfast at Hotel
- 7:45 AM Bus Departs to Hooker Fields from Hampton Inn
- MORNING SESSION — 8:15 TO 11:00 AM**
- 8:15 AM Stretch by Position A/M/D on Hooker Fields and Face-off/Goalies on Field Hockey (bring tennis shoes to play on field hockey) (distribute pinnies on field by position)
- 8:45 AM Station Work by Position
- 10:00 AM 1 v 1, 2 v 2 & 3 v 3 Talk by Position
- 10:15 AM 1 v 1, 2 v 2 & 3 v 3 Practice (A v D), (M v M) – Goalies in cage
- 10:50 AM **ALL STAFF INTRODUCTIONS**
- 11:00 AM Walk to Loudermilk Center / Kenan Stadium
- 11:10 AM Drop Gear off at Kenan Stadium Tunnel – East End Zone - before lunch (sneakers)
- 11:20 AM Lunch at the Chase Dining Hall
- 12:15 PM Recruiting Talk in Loudermilk Center Weight Room

Saturday Afternoon, January 12th

- 12:45 PM Walk back to Hooker Fields
- AFTERNOON SESSION — 1:15 TO 4:00 PM**
- 1:15 PM Stretch by Position A/M/D on Field 1 & 2 and Face-off/Goalies on Grass
- 1:30 PM Station Work by Position
- 2:30 PM Transition Segment - Team Breakout Sessions
 - Hooker Field 1: Teams 1, 2 & 3
 - Hooker Field 2: Teams 4, 5 & 6
 - Hooker Field 2: Teams 7, 8 & 9
 - Hooker Field 2: Teams 10, 11 & 12
- 2:45 PM Team Introductions when you get your goal
- 2:55 PM Transition Talk 2 v 1, 3 v 2 & 4 v 3 by fields
- 3:15 PM 2 v 1, 3 v 2, 4 v 3 Practice
- 3:50 PM Walk to Loudermilk Center / Kenan Stadium
- 4:00 PM Drop Gear off at Kenan Stadium Tunnel – East End Zone - before dinner (sneakers)
- 4:15 PM Dinner at the Chase Dining Hall
(Teams 1,2,3,4 first to eat because they need to catch busses to Finley)



Saturday Evening, January 12th

5:15 PM Bus Departs to Finley Fields from Loudermilk Center
Teams 1,2,3,4

5:45 PM Bus Departs to Cedar Falls Park from Loudermilk Center
Teams 7,8,9,10

Game Schedule

Time	Finley 1 (Bus)	Finley 2 (Bus)	Field Hockey
5:45 PM – 6:30 PM	1 v 2	3 v 4	5 v 6
6:35 PM – 7:20 PM	7 v 8	9 v 10	11 v 12
7:25 PM – 8:10 PM	1 v 3	2 v 4	5 v 12
8:15 PM – 9:05 PM	7 v 9	8 v 10	6 v 11

8:20 PM Busses Depart Back to Loudermilk then to Hampton Inn
Teams 1,2,3,4 from Finley and Teams 5 & 12 from Loudermilk

9:15 PM Busses Depart Back to Loudermilk then to Hampton Inn
Teams 7,8,9,10 from Finley and Teams 6 & 11 from Loudermilk

11:00 PM Lights Out

Sunday Morning, January 13th

6:15 AM Wake Up

6:30-7:30 AM Breakfast in Hotels

7:30 AM Bus Departs to Loudermilk then Finley Fields from Hampton Inn

All Hampton Inn Resident Campers – make sure to bring all luggage with you on bus

Game Schedule

Time	Finley 1 (Bus)	Finley 2 (Bus)	Field Hockey
8:00 AM – 8:45 AM	1 v 5	2 v 6	3 v 9
8:50 AM – 9:35 AM	7 v 11	8 v 12	4 v 10
9:40 AM – 10:25 AM	1 v 6	2 v 5	3 v 10
10:30 AM – 11:15 AM	7 v 12	8 v 11	4 v 9

10:40 AM Busses Depart Back to Loudermilk for Lunch
Teams 1, 2, 5 & 6

11:25 AM Busses Depart Back to Loudermilk for Lunch
Teams 7, 8, 11 & 12

10:50 AM Lunch at Chase Dining Hall

12:00 PM: **Teams 3,4,5,6 Board busses to Finley Fields for last game**

12:30 PM: **Teams 9,10,11,12 Board busses to Finley Fields for last game**

Sunday Afternoon, January 13th

Game Schedule

Time	Finley 1 (Bus)	Finley 2 (Bus)	Field Hockey
12:30 PM – 1:15 PM	3 v 5	4 v 6	1 v 8
1:20 AM – 2:05 PM	9 v 11	10 v 12	2 v 7

2:15 PM Busses Depart Back to Loudermilk



COLLEGE COACHES

Name	School	Email
Joe Breschi	North Carolina	breschi@unc.edu
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EMERGENCY CONTACT PHONE NUMBER:

Kevin Unterstein (UNC ASSISTANT COACH) – 516 592 3476



Hooker Field Best GPS Address: 310 South Rd, Chapel Hill, NC 27514

Field Hockey Turf Best GPS Address: 104 Ridge Rd, Chapel Hill, NC 27514

Finley Fields Best GPS Address: 140 Old Mason Farm Rd, Chapel Hill, NC 27517